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- 7 **Fernández, Á.; Burillo, P. (2012).** Sports heroes and antiheroes. The victory of character. *Journal of Sport and Health Research*. 4(1):7-10.

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- 11 **Chulvi-Medrano, I; Masiá-Tortosa, L. (2012).** La flexibilidad. Criterios básicos para su entrenamiento saludable aplicando la metodología pasivo-estática. *Journal of Sport and Health Research*. 4(1):11-22.
- 23 **Lledó, J; Llana, S.; Pérez, P; Lledó, E. (2012).** Injuries prevention in string players. *Journal of Sport and Health Research*. 4(1):23-34.

Original Articles

- 35 **Asadi, A; Arazi, H. (2012).** Effects of high-intensity plyometric training on dynamic balance, agility, vertical jump and sprint performance in young male basketball players. *Journal of Sport and Health Research*. 4 (1):35-44.
- 45 **Knowles, A. M.; Hill, J.; Davies, H.; Dancy, B.; Mistry, N.; Mellor, R.; Howatson, G. (2012).** A pilot study examining the health benefits of Nordic walking in sedentary adults. *Journal of Sport and Health Research*. 4(1):45-56.
- 57 **Latorre, P.A; Mejía, J.A.; Gallego, M.; Muñoz, A.; Santos, M.A. y Adell, M. (2012).** Analysis of safety for the sports facilities of Jaén provincial sport games. *Journal of Sport and Health Research*. 4(1):57-66.
- 67 **Moral García, J.E.; Redecillas Peiró, M.T.; Martínez López, E.J. (2012).** Sedentary lifestyle or adolescent andalusian. *Journal of Sport and Health Research*. 4(1):67-82.
- 83 **Ruiz, G.; De Vicente, E.; Vegara, J. (2012).** Comportamiento sedentario y niveles de actividad física en una muestra de estudiantes y trabajadores universitarios. *Journal of Sport and Health Research*. 4(1):83-92.



- 93 **Berdejo-del-Fresno, D.; González-Ravé, J.M. (2011).** Development of a new method to monitor and control the training load in basketball: the BATLOC Tool. *Journal of Sport and Health Research*. 4(1):93-102.