

XOGADE: SPORTS PROGRAM IN SCHOOL AGE OF THE XUNTA DE GALICIA. THE ROLE OF SCHOOL SPORTS GROUPS

ABSTRACT

The aim of this study was to know the work carried out by the 31 Galician School Sports Groups (ADE), within the framework of the school-age sport program (6-16 years) of the Xunta de Galicia (XOGADE), identifying numbers of participants and participation, activities developed and profile of their leaders. For data pick up an ad hoc form has been created that has been completed by the 4 Provincial Sports Services and the ADE. Around 64,834 boys and girls between 6 and 16 years old (50.41% of the 128,614 children registered in XOGADE) participate, adding a total of 107,149 different participations. The 6-12 age group represented 75.98% of the participations. Cross country is the activity that has more followers in both age groups (30.24% of the total) in both men and women. More than half of the participations are from public schools and 70.51% of them are from primary school. 52.78% of the ADE leaders are Primary Education (EP) teachers with the specialty of Physical Education. The ADE can be an agent of great relevance for the consolidation of physical-sporting habits during compulsory education (6-16) by connecting school-age sport with schools.

KEY WORDS

School sports, sports competition, physical education, primary education, secondary education.

